



# Wolf Creek Online High School Newsletter

10363 Liberty Lane, Chisago City  
Phone: 651-213-2095 FAX: 651-257-0576

A New Year....

I would like to ask that all parents/guardians and students take a minute to think about their academic goals at this time of year. We are ending Term 2 and beginning Term 3 so now is the time to ensure that your child is being successful.

If your child did not pass classes in Term 2, now is the time to investigate what needs to change for Term 3 success. We encourage all parents/guardians to partner with us to achieve their student's success. Our Learning Managers are available to help parents understand the expectations of being a successful online learner and want to assist in any way possible.

As a Wolf Creek parent/guardian, it is important for you to be doing the following items to help your child succeed.

#1 - Check with your child daily/weekly on how much work is being accomplished. Full time online students should be working 20-25 hours per week on course assignments. Students should have 7-11% completion in each course each week.

#2 - Read the Friday progress reports from your student's Learning Manager and ask questions when needed.

Please remember that we have conferences coming up at Wolf Creek on Thursday, January 24 from 3:00—6:30 p.m. All parents, guardians, and students are encouraged to attend.

Sincerely,  
*Tracy Quarnstrom,*  
Director



## Dates to Remember

Qtr. 3:	Jan. 22 to March 28
1/24:	Conference Night 3:00-6:30
2/18:	No School—President's Day
2/19:	No School—Staff Development
2/22:	Midterm
3/11-3/15:	Spring Break
3/19:	ACT & MCA Prep Session
3/21:	MCA Math Prep Session
3/28:	Quarter 3 Ends
4/2:	ACT Testing
4/9 & 4/11:	MCA Math & Reading
4/16 & 4/18:	MCA Math & Reading
4/23 & 4/25:	MCA Math & Reading Make-up
4/23 & 4/25:	MCA Science
6/7:	Graduation 2019

## School Board Meetings

**Feb: Tuesday, Feb. 12**

**March: Tuesday, March 19**

**\* All meetings begin at 4:15 p.m.**

## Staff Contact Information

**Tracy Quarnstrom:** 651-213-2017  
Director/ 504 Coordinator/Truancy Officer  
tquarnstrom@wolfcreekhs.org

**Brenda Swanson:** 651-213-2037  
Dean of Students/Testing & Graduation  
bswanson@wolfcreekhs.org

**Martha Airhart:** 651-213-2054  
mairhart@wolfcreekhs.org

**Hanna Coleman:** 651-213-2034  
hcoleman@wolfcreekhs.org

**Lindsay Coppernoll:** 651-213-2052  
lcoppernoll@wolfcreekhs.org

**Hannah Edblad:** 651-213-2024  
hedblad@wolfcreekhs.org

**Thor Erickson:** 651-213-2060  
terickson@wolfcreekhs.org

**Sandra Flint:** 651-213-2067  
sflint@wolfcreekhs.org

**Chloe Jackson:** 651-213-2035  
cjackson@wolfcreekhs.org

**Shelli Matheson:** 651-213-2055  
smatheson@wolfcreekhs.org

**Lindsay Miller:** 651-213-2032  
lmiller@wolfcreekhs.org

**Becki Olseen:** 651-213-2033  
bolseen@wolfcreekhs.org

**Meagan Rathbun:** 615-213-2046  
mrathbun@wolfcreekhs.org

**Chris Wallin:** 651-213-2036  
cwallin@wolfcreekhs.org

## Free Local Resources

If you or someone you care about is experiencing a crisis or is in need of crisis services, there are many FREE local resources available. Here are a few:

**East Central Crisis Services:** Call 1-800-523-3333 or go to [www.canvashealth.org](http://www.canvashealth.org).

**Txt4life:** Text "LIFE" to 61222 for free and confidential access to crisis counselors.

**Chisago County Behavioral Health Services:** Call 651-213-5600

**Chisago County Youth Crisis Line:** 1-800-448-4663

**National Alliance on Mental Illness:** Call 651-645-2948 or [www.namihelps.org](http://www.namihelps.org).

**Chisago County Emergency Dispatch Center:** Call 651-257-4100 or 9-1-1

In an immediate, life-threatening situation, call **9-1-1** or go to the nearest emergency center to seek medical assistance.

## Wolf Creek Counselors on Campus

**Tasha Barnes** is a licensed marriage and family therapist from Family Based Therapy (FBTA) who provides mental health counseling to students at Wolf Creek. Tasha believes in accepting students with their academic success by addressing mental health concerns in a supportive environment. **Tracie Houle** is our new mental health therapist at Therapeutic Services Associates (TSA) who also has a strong background in drug and alcohol addiction and enjoys working with individuals and families to highlight needs, capitalize on strengths, and to provide hope and healing to clients. Contact either counselor at 651-213-2095.

**Job Board at Wolf Creek**

There is a Job Board at Wolf Creek for students interested in finding a job, whether it be for a summer job or long term. It is located outside the main labs and provides all types of jobs. Many local businesses send us information when they have positions available. Students should watch the board frequently for opportunities.

**Campus Tours**

Wolf Creek offers campus tours so if you, or someone you know, would like to learn more about our campus, academics, or how Wolf Creek compares to a traditional high school, please call 651-213-2095 and schedule your tour today. Our students and staff are exemplary and we're proud they are part of our WC family.

*"Success is a journey not a destination." Ben Sweetland*

**Transportation Assistance:**

Students who would like to arrange transportation to and from Wolf Creek campus can do so by contacting the following agencies:

1. **Four Point O School Services (formerly Hunt's Transportation Bus)**  
Call Liz at 651-257-5722
2. **Heartland Express, Chisago County**  
Call 763-689-8131

**Annual Conference Night**

Thursday, January 24th 3:00—6:30 pm  
Annual PSEO and Dual Enrollment Meeting  
5:30—6:30 pm

Hear information on PSEO, scholarships, FAFSA  
ALL PARENTS of juniors and seniors should attend!

**1st Semester Graduates**

At Wolf Creek the flexibility and independent format allows students to graduate throughout the school year. Several students graduated by completing all requirements during the first semester of the school year. It's a tradition at Wolf Creek for mid-year graduates to ring the graduation bell on campus. All students and staff take a moment to join the bell ringing ceremony and congratulate the student. Pictured below are two of our first semester graduates celebrating with staff.



*One of our Term 2 graduates, McKenzie Bitzer is pictured with Learning Manager Meagan Rathbun. McKenzie is eager to pursue a full time career working with animals.*



*Gabby Paugel, is pictured here ringing the graduation bell. Gabby is excited to explore job opportunities and enter employment at Hunt Electric working as a pre-apprentice on Solar Sites.*

**Congratulations to all of our first semester graduates!**

**Homeless Liaison Notice**

Tracy Quarnstrom serves as the homeless coordinator for Wolf Creek. Any student who does not have a fixed, regular, adequate place to stay each night is considered "homeless" under federal guidelines. If you or your child is experiencing homelessness, please know that Wolf Creek has resources for providing transportation to school and other needed supplies.

Contact Tracy Quarnstrom at [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org) or 651-213-2017.

**Wolf Creek School Board Election**

The Wolf Creek Annual School Board election has been set for Tuesday, February 12, 2019 at 4:15 pm. Prior to this time, staff and the parents of students enrolled in the school will vote to elect directors for the next year. We currently have two open positions for parent representatives and would love to have interested parents run for those open positions.

The position responsibilities include attending a school board meeting once per month and reading materials prior to that meeting. Meetings typically occur at 4:15 pm on the second Tuesday of the month and a small stipend is available for attending each meeting. If you are interested in the position of parent representative, please contact Tracy Quarnstrom at [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org) or 651-213-2017.



## WC Ugly Sweater Day

Staff and students were able to show off their holiday best with the Wolf Creek ugly sweater contest. Congratulations go out to **Jake Guzik, Owen Quinn, and Ava Rainer** for winning the top prizes for the student contest and to **Thor Erickson** for taking home the trophy for the staff contest. Thanks to all those who participated!

## Scholarships

Did you know over 100 million dollars in scholarships go unawarded in the United States every year? Scholarships are a great opportunity to make college more affordable and to graduate college with less debt. Unlike student loans, scholarships do not need to be paid back. It is FREE money! Each scholarship has its own criteria students need to meet in order to be considered. Some are more general and are open to all high school students, while others have very specific criteria including program of interest, gender, extra-curricular activities, height (yes, height), and place of residence. There are many great resources to find scholarships online.

You may also find scholarships from your employer, your parent or guardian's employer, and the college you are planning on attending. If college is in your future after high school, consider applying for scholarships. It is good to apply to multiple scholarships so you have more options. Be sure to do your research ahead of time so you can be prepared with what is required. See the side note for current scholarship options. Best of luck!

## Academic Integrity Statement



Being an online student and working at a distance from school allows the student both flexibility and responsibility. By signing the handbook, you are assuring the academic integrity of your work. You must know and understand that allowing another individual to complete work while signed in as you on electronic curriculum, or turning in work that was completed by another person, is a violation of school policy. Any and all work completed in handwritten format must be submitted by the student taking the course, in their own handwriting at all times. Taking another person's words without credit or plagiarizing work is also a violation of school policy. Students should be aware that cutting and pasting information off the Internet is plagiarizing. If Wolf Creek staff suspect that work has been completed by someone other than the student, the student may be required to attend campus to complete alternative coursework and/or tests to guarantee that the needed concepts and standards in the course have been mastered. In addition, if a Wolf Creek staff member believes that work has not been completed by the said student in its entirety, they will not receive credit for the class in question. Finally, if evidence exists that the academic integrity policy has been violated, students may be suspended or expelled from Wolf Creek if appropriate. Any suspicious work submitted may result in a grade of "F" or "I" until the matter is investigated and resolved. Any work that was under suspicion may not be reported on an official transcript for the student. Please note Wolf Creek utilizes academic integrity software for all written assignments, as well as video cameras and screen capture software on our campus.

## State/Local Scholarships

### Minnesota Masonic Charities:

This charity provides multiple scholarships each year with different requirements for each.

*Deadline: 2/15/19*

See more at:

[www.mnmasoniccharities.org/what-we-do/scholarships/](http://www.mnmasoniccharities.org/what-we-do/scholarships/)

### Empower Scholarship

**Application:** Administered by Courage Kenny Foundation, it encourages and supports ethnically diverse students who are pursuing a career in a medical or rehabilitation field. See more at: <https://www.allinahealth.org/courage-kenny-rehabilitation-institute/programs-and-services/volunteer-opportunities/empower-scholarships/>

- Open to ethnically diverse students who have been accepted to or enrolled in a post-high school program and have a financial need
- Resident of Minnesota or Western Wisconsin or attending school in Minnesota or Western Wisconsin
- Volunteer hours
- Minimum GPA of 2.0 on 4.0 scale

### Wolf Creek Scholarship:

Wolf Creek High School graduates who plan to pursue a post-secondary education and have earned a 2.0 or higher grade point average. This universal application may be used for other applicable scholarships. Scholarships will be awarded during the graduation ceremony.

## Parents: Help your Student get Better Grades for Life

Helpful tips for parents to help their child succeed:

- Make sure that school comes first with your child
- Listen when your child talks about the school day
- Meet your child's friends and watch them as carefully as you do your own children.
- Visit the school often, and if you think there's a problem at school, talk to the teachers and director immediately.

### Math Assistance in Lab Available

Shelli Matheson is on campus to help students with any math homework or concerns on Tuesdays and Thursdays from 11:30-2:00 p.m. If students don't attend labs, they can contact Shelli to meet via Google hangouts anytime that works for the student's schedule. Virtual tutoring from FEV tutor in math and other courses is also available free of charge by contacting Shelli Matheson at [smatheson@wolfcreekhs.org](mailto:smatheson@wolfcreekhs.org) or by calling 651-213-2055.

## Mark Your Calendars for MCA testing!

The Minnesota Comprehensive Assessments (MCAs) help measure student progress towards Minnesota's academic standards and federal accountability requirements, and college & career readiness. They are also used to determine whether schools have made adequate yearly progress toward all students being proficient, based on academic scores and participation scores. The MCA tests are state mandated in the following areas: Reading (grade 10), Mathematics (grade 11), and Science (after passing HS biology).

### MCA dates:

4/9 & 4/11 MCA Math 9-11:30 am; MCA Reading 12-2:00 pm  
4/16 & 4/18 MCA Math 9-11:30 am; MCA Reading 12-2:00 pm  
4/23 & 4/25 Make-up MCA 9:00 am & 12:00 pm  
4/23 & 4/25 MCA Science 9-11:30 am

Attendance is critical. Wolf Creek must receive written notification indicating parent refusal for your student to take the MCA test prior to test dates.

## ACT + Writing to be Offered

Students in grade 11 (or 12th graders who did not previously test) have the opportunity to take the ACT + Writing at Wolf Creek campus. Students **MUST** pre-register, complete the non-test portions prior to test day, and must plan for at least 4 hours of testing. The ACT + Writing test is offered to students planning to attend a 4-year college or university. The test is free for all 11th grade students who completed the Educational Benefits form at their IGP. The registration fee will be taken care of by Wolf Creek and MDE. Students can take the test as many times as they want to (at their own expense), but the free test is administered at the Wolf Creek campus on April 2.

The ACT + Writing exam will be offered one day only. Due to limited seating, **ONLY 25** students will be allowed to test. Please contact Brenda Swanson at [bswanson@wolfcreekhs.org](mailto:bswanson@wolfcreekhs.org) or call Brenda at 651-213-2037 to secure a seat.

### ACT + WRITING:

**Tuesday, April 2nd from 8 am - 1 pm.** Students will need a calculator, #2 pencil and picture ID. Take advantage of the practice material available at [www.act.org](http://www.act.org).

## CONGRATULATIONS to our STUDENTS of the MONTH



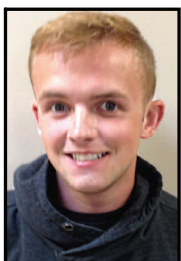
Wolf Creek Learning Managers select two outstanding students monthly who are achieving their personal goals.

### NOVEMBER

#### Lili Boyer and Dalton Schlegel



**Lili** is having a great year. She passed all of her Term 1 classes and is on track in Term 2. She will graduate at the end of Term 2. Lili is interested in pursuing a career in cosmetology or mechanical engineering. Keep up the good work Lili!



**Dalton** is having an awesome year, and it is all him! He is working hard, communicating well, and saying healthy!! Dalton's Learning Manager and the Wolf Creek staff are proud of his accomplishments this year.

### DECEMBER

#### Blake Erickson and Talia Martinson



**Blake** is always a friendly face to have on campus. Blake loves participating in community awareness activities and encouraging others to join. Blake always seeks help from teachers and really pushes himself to do his best. We are really proud of you, Blake!



**Talia** is an incredible student! She communicates well and does amazing work. Talia plans to take a full load the rest of her Sophomore year so she will be prepared for PSEO her Junior and Senior year. Currently, Talia is looking into a career in the medical field and is involved in her community with soccer, 4H, and church activities. Way to go Talia!