



# WOLF CREEK ONLINE HIGH SCHOOL NEWSLETTER

[www.triowolfcreek.com](http://www.triowolfcreek.com)



As this newsletter finds us at the end of Term 2 it also finds us at the beginning of 2024. We hope that you are enjoying all that this year has to bring. We also encourage you and your students to think about goals for the next year and especially this school year. We are now half way through the academic school year. Are you accomplishing your goals of spending time in lessons, communicating with teachers, and passing classes? If not, how can we help and support you at Wolf Creek?

Wolf Creek is uniquely placed to offer individual support to students from mental health supports with counselor check-ins to content area tutoring and support. We need students to advocate and tell us what needs they are experiencing for us to be able to support you in all your academic and non-academic goals.

We wish you a happy 2024 and hope it brings amazing memories and ways to accomplish all your goals.

Know that we are here to support you by contacting your learning manager or director Tracy Quarntrom at [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org).

Sincerely,

*Tracy Quarnstrom*

Director

## Staff Contact Information

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## DATES TO REMEMBER

Term 3: Jan. 23 - Mar. 28  
No School: Jan. 22  
No School: Feb. 19  
Mid Term: Feb. 22  
No School: Mar. 4 - 8  
Graduation: Jun. 7

## SCHOOL BOARD MEETINGS

Annual Meeting/School Board Elections  
February 13th 4:15 pm  
March 12th 4:15 pm

## MARK YOUR CALENDARS - CONFERENCE NIGHT IS COMING

Contact your Learning Manager today to set up a face-to-face or virtual appointment to check in on your student's progress.

Conference night is Tuesday, January 30, 2024  
3:00 - 6:30 pm

We encourage students, parents, and guardians to come to Wolf Creek to tour our campus, meet our wonderful staff, update student forms, check-in on student progress, develop or modify your students graduation plan, and find out more about all of the incredible resources we have to offer to students and families here at Wolf Creek!

*We can't wait to see you!*



## Weather Related School Closings

If weather forces campus or school to close, the following notifications will be made to notify families:

- Wolf Creek will be listed under school closings on television channels 4, 5, 9, and 11
- Check our website and Facebook for weather notifications
- Notifications will also be sent via email for weather-related or other emergencies

### Coursework is Available 24/7

This is a reminder that campus closure days are considered school work days. Students are expected to be completing school work.

Wolf Creek staff are available via text, email, and Google Meet for help and support!

## Important Mental Health Resources

Many mental health counselors are offering both in person and telehealth appointments.

Lakes Center for Youth and Families  
651-464-3685

Family Based Therapy Associates  
651-257-2733

Canvas Health  
651-777-5222

Bridges and Pathways  
651-982-4792

## NATIONAL SUICIDE AND CRISIS LIFELINE

Call 988  
or text HOME to 741741

# MEET OUR COUNSELORS



*Tasha*

Tasha Barnes is a licensed marriage and family therapist who provides mental health counseling to students at Wolf Creek. Tasha believes in helping students with their academic success by addressing mental health concerns in a supportive environment.

Tasha is available on campus various hours Tuesdays and Thursdays and is also available via Telehealth. Contact our front desk at 651-213-2095 or reach out to your Learning Manager to schedule time with Tasha. You may also contact Tasha Barnes at 651-257-2733 x 23 or nbarnes@fbtacounseling.com. Tasha also maintains a caseload with Family Based Therapy Associates in Chisago City, where she sees individuals, couples, and families who have a wide range of presenting concerns.



*Renee*

Renee Anick is the full-time school counselor at Wolf Creek. She works with students in the areas of mental health, individual/group counseling, personal support, academic achievement, college and career planning, and social/emotional development.

Renee is available to all Wolf Creek students. Students can meet with her on campus Tuesdays and Thursdays 8:15-3:15 or virtually Monday, Wednesday, and Friday 8:00-3:15.

If you would like to meet with Renee please email her at [ranick@wolfcreekhs.org](mailto:ranick@wolfcreekhs.org), or text/call her at 612-503-9332.

# CONGRATULATIONS TO OUR STUDENTS OF THE MONTH

## November



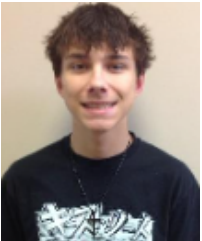
*April Mazzucco is a senior at Wolf Creek this year and is rocking five classes a term. She is doing great! April is consistently on track or ahead every week! April is also very active in campus activities! She is inclusive and kind to everyone and may single-handedly finish that coloring poster in the hallway! You are a pleasure to have on campus, April!*



*Amanda Christensen is a new student at Wolf Creek this year. Since starting, Amanda has stayed on track or even worked ahead every week! She comes to campus regularly to work, get help if she needs it, and attends campus events. She works hard on assignments to earn great scores and reaches out to teachers if she needs help to improve a score. Amanda is an awesome student to have at Wolf Creek!*



## December



*Oliver Roush is a senior this year who is on track to graduate early (at the end of Term 2). Not only does Oliver do an excellent job of staying on top of his coursework, but he also gives his full and best effort when completing assignments. He consistently communicates with his Learning Manager and exemplifies what it means to be a successful online student.*



*Ray has been at Wolf Creek for a full year and is currently in 10th grade. Ray works primarily from home but would like to attend campus and join in on some of the offered activities. Ray is a great advocate for themself, asks questions when they have them, and attends all scheduled meetings. Ray makes their schoolwork a priority. They are currently working on obtaining a part-time job and enjoy swimming in their free time.*

## HOMELESS LIAISON NOTICE

Tracy Quarnstrom serves as the homeless coordinator for Wolf Creek. Any student who does not have a fixed, regular, adequate place to stay each night is considered "homeless" under federal guidelines.

If you or your child is experiencing homelessness, please know that Wolf Creek has resources for providing transportation to campus as well as needed supplies.

Contact Wolf Creek Director, Tracy, at [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org) or 651-213-2017.



# SCHOOL BOARD ELECTIONS AND ANNUAL MEETING

The Wolf Creek Annual School Board election and the annual meeting have been set for February 13th, 2024 at 4:15 pm. Ballots will be canvassed at this time. From now through February 9th we are asking all families to cast their vote for school board representatives. School board candidate biographies can be found at [triowolfcreek.com](http://triowolfcreek.com), click "About", then "Board Members and Information".

Please vote today! Your ballot is available in the Wolf Creek Weekly News - check your email inbox!

We are only allowed to accept one vote per family. If you would like to request a paper ballot, stop into campus or contact Heather Johnson at [hjohnson@wolfcreekhs.org](mailto:hjohnson@wolfcreekhs.org). Thank you for your participation!

## WOLF CREEK DONATION REQUEST



Wolf Creek is in need of gift cards, stationary cards, fidgets and household items for various support needs. If you are interested in helping us support our school community, please contact Tracy Quarnstrom at [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org).



## SCHOLARSHIPS

*Did you know over \$100 million in scholarships go unawarded in the United States every year?* Scholarships are a great opportunity to make college more affordable and to graduate college with less debt. Unlike student loans, scholarships do not need to be paid back. It is FREE money! Each scholarship has its own criteria students need to meet in order to be considered. There are many great resources to find scholarships online. You may also find scholarships from your employer, your parent or guardian's employer, and the college you are planning on attending. It is good to apply to multiple scholarships so you have more options.

Our school counselor, Renee Anick, is available to all students to help gather information and apply for scholarships. Go to [www.triowolfcreek.com](http://www.triowolfcreek.com) and click on Counselor Corner for more career and college details.

Here are some great scholarships currently available:

### **Minnesota Masonic Charities - Deadline: 2/15/24**

This charity provides multiple scholarships each year with different requirements for each. Visit <https://mnmasoniccharities.org/scholarships/student-scholarships/> for more information and to apply.

### **Sterbenz-Ryan Scholarship - Deadline: 3/31/24**

Approximately 100 scholarships/year of \$2,000 are offered to eligible traditional and non-traditional graduating seniors attending any public Wisconsin or Minnesota technical college, community college, or university. Visit [tinyurl.com/apply4you](http://tinyurl.com/apply4you) for more information and to apply.

### **Wolf Creek Scholarship:**

Wolf Creek High School seniors who graduate by the end of the 2023-2024 school year who plan to pursue post-secondary education and have earned a 2.0 or higher grade point average are encouraged to apply. This universal application may be used for other applicable scholarships. Scholarships are awarded during the graduation ceremony. Information on applying will be sent to all 2024 graduates this spring.