



WOLF CREEK ONLINE HIGH SCHOOL NEWSLETTER

www.triowolfcreek.com



Staff Contact Information

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Health/PE Learning Manager
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As the air becomes crisp and the trees turn bright orange it is time once again to reflect on the start of the school year here at Wolf Creek. It has been a busy time since August teacher days, and seeing students back on campus in September is always the highlight of our year. This year has brought us some fun events already with chess club meetings and a newly formed crochet club just beginning to meet on campus. Know that we are always looking for ways to make these events accessible virtually for off campus students as well.

We hope that as the colder weather approaches you appreciate the flexibility and support found in being a virtual learner. If you are in need of any support academically or non-academically please reach out to your learning manager or myself.

If you are willing to help and support Wolf Creek please know that we are looking for a few students to join our amazing school community in the coming months, so please spread the word about Wolf Creek. If you have a desire to donate materials, books, or other items to Wolf Creek know that we are always looking for specific items and could get you a list of teacher and student needs upon request.

Wishing you a successful end of term 1 and a wonderful fall!

Sincerely,
Tracy Quarnstrom
Director

DATES TO REMEMBER

Term 2: Nov. 7 - Jan. 19
No School: Nov. 22 - 24
Mid Term: Dec. 15
No School: Dec. 22 - Jan. 1

SCHOOL BOARD MEETINGS

November 14th 4:15 pm
December 12th 4:15 pm
January 9th 4:15 pm

WEATHER RELATED SCHOOL CLOSINGS

If the weather forces campus to close, there will be notifications on Channels 4, 5, 9, and 11. You may also call the main campus number 651-213-2095. In the event we have to close campus, a message will be left at that number and a notice will be sent out to families as quickly as possible. We are fortunate to have our curriculum available 24/7 online. Safety is the most important thing during a winter storm. Remember, for your safety please dress appropriately for the inclement weather.



Join our Wolf Creek Council

Wolf Creek Council is made up of students and a few staff members who work together to strengthen our school community. Council members typically meet once a month either on campus or virtually to plan activities and events.

All students are welcome to join!

If you are interested in joining us please reach out to your Learning Manager.



Join our Equity Working Group

Wolf Creek has formed an equity working group and is always looking for more stakeholders to participate in these important conversations.

If you are interested in joining us please contact Tracy Quarnstrom at tquarnstrom@wolfcreekhs.org.

Important Mental Health Resources

Many mental health counselors are offering both in person and telehealth appointments.

Lakes Center for Youth and Families
651-464-3685

Family Based Therapy Associates
651-257-2733

Canvas Health
651-777-5222

Bridges and Pathways
651-982-4792

MEET OUR COUNSELORS



Tasha Barnes

Tasha Barnes is a licensed marriage and family therapist who provides mental health counseling to students at Wolf Creek. Tasha also maintains a caseload with Family Based Therapy Associates in Chisago City, where she sees individuals, couples, and families who have a wide range of presenting concerns. Tasha believes in helping students with their academic success by addressing mental health concerns in a supportive environment.

Tasha is available on campus various hours Tuesdays and Thursdays and is also available via Telehealth. Contact our front desk at 651-213-2095 or reach out to your Learning Manager to schedule time with Tasha. You may also contact Tasha Barnes at 651-257-2733 x 23 or nbarnes@fbtacounseling.com.



Renee Anick

Renee Anick is the full-time school counselor at Wolf Creek. She works with students in the areas of mental health, individual/group counseling, personal support, academic achievement, college and career planning, and social/emotional development.

Renee is available to all Wolf Creek students. Students can meet with her on campus Tuesdays and Thursdays 8:15-3:15 or virtually Monday, Wednesday, and Friday 8:00-3:15.

If you would like to meet with Renee please email her at ranick@wolfcreekhs.org, or text/call her at 612-503-9332.

CONGRATULATIONS TO OUR STUDENTS OF THE MONTH

September

**Student of
the Month**

Madi Stanway's off to an amazing start in her senior year!! For the first two weeks, Madi was a full week ahead in all her classes! Week three she struggled a bit only because she got sick in between two major horse competition weekend! She was ahead in all of her classes all last year, too!! Her work ethic in school and her hobbies (horses, fishing!) is amazing. And she is just the kindest, coolest little human. What a great way to start the year, Madi!

**Student of
the Month**

Alyssa McMahan has been with us since 9th grade. It's Alyssa's senior year and she is off to an amazing start! Taking on quite a task, enrolling in 2 credits in term 1, she is on track in all of her courses. Alyssa has been a great advocate for herself, she's been reaching out consistently and attending scheduled meetings. We are proud of you, Alyssa! Keep working hard, putting in the time, and asking for help when you need it.



October



Cecilia LaBelle is a senior who started with Wolf Creek this term. She is also taking classes in college at the same time through PSEO. She has already turned in all of her work for Orientation and Euro Lit to finish up the term two weeks early. I am so proud of how well she is balancing college and high school. She also communicates well with her Learning Manager and turns in excellent coursework!



Jack Gross is a new student at Wolf Creek this year and is a senior. He has had great communication with his Learning Manager and reaches out when he needs help. This quarter, Jack took it upon himself to finish his classes early and then worked to increase his grades more by completing extension assignments and asking how he could improve on larger projects. Jack is an awesome addition to Wolf Creek!

STAY UP TO DATE

As a Wolf Creek student, parent, or supporter we want you to have the information you need. Remember that the key to success is communication. Contact your Learning Manager today if you need assistance with classes, motivation, or anything else. Listed below are ways to receive information from Wolf Creek:

- **Monday Student Progress Updates** - Weekly updates via email on course completion rates, attendance, and other information.
- **Email** - Students have a school Gmail account they need to check daily for updates.
- **The Wolf Creek Website** (www.triowolfcreek.com) - Find our staff directory, school calendar, policies and procedures, and various updates throughout the year, and more.
- **Wolf Creek Weekly News** - Receive weekly email updates and announcements every Monday when you share your email with us. Sign up on our website or reach out to your Learning Manager.
- **Quarterly Mail** - End of term report cards and quarterly newsletters are sent out to keep families informed.
- **Facebook** - Like our Facebook page (www.facebook.com/WolfCreekOnlineHighSchool).
- **Instagram** - www.instagram.com/wolfcreekhs/



OCTOBER WAS COLLEGE KNOWLEDGE MONTH

Wolf Creek enjoys celebrating this on campus and across our social media platforms each year to help our students start thinking about post secondary options. We provide information to students and families all month and encourage a culture of college and career readiness throughout the year by providing resources to help with college applications, scholarships, and FAFSA information.

Watch our Weekly Newsletters for more information on upcoming college and career readiness resources available to Wolf Creek students and families!

PSEO: POST-SECONDARY ENROLLMENT OPTIONS

PSEO is a program that allows high performing, college ready students in grades 10-12 to earn both high school and college credit while still in high school, through enrollment in and successful completion of college-level courses at eligible participating postsecondary institutions. PSEO courses are offered both online and on the campus of the college. Seniors and Juniors can take PSEO courses on a full or part-time basis; Sophomores can take one career/technical PSEO course. There is no charge for tuition, books, or fees for required items. There are eligibility and deadline requirements to meet. Students must notify their school by May 30th if they want to participate in fall and by December 1st if they want to participate in spring. Contact your Learning Manager or the Dean of Students, Brenda Swanson at bswanson@wolfcreekhs.org if you are interested in PSEO.

WHO DO YOU CALL?



*Enrollment,
Testing Coordinator,
Transcripts and Credits:*

*Brenda Swanson
651-213-2037
bswanson@wolfcreekhs.org*

*Attendance:
651-213-2095*

*Truancy Coordinator,
Homeless Liaison,
504 Assistant,
Transportation Coordinator:*

*Tracy Quarnstrom
651-213-2017
tquarnstrom@wolfcreekhs.org*

PARENT REPRESENTATIVE NEEDED FOR WOLF CREEK SCHOOL BOARD

Gain insight on things happening at Wolf Creek. Share ideas and help our school board make important decisions that will impact your child's education!



Wolf Creek is looking for one parent representative to serve on our school board. Parent representatives are an integral part of our school board community.

- Meetings occur once per month, typically the second Tuesday of the month at 4:15 pm
- Responsibilities include reading board materials prior to the meeting and monthly meeting engagement
- A stipend is given for attendance at meetings.

If you or someone you know is interested in this position, please email Tracy Quarnstrom at tquarnstrom@wolfcreekhs.org.