



WOLF CREEK ONLINE HIGH SCHOOL NEWSLETTER

www.triowolfcreek.com



We know this year has been another one for the record books in many ways. We appreciate all the help and support from all our stakeholders. As a public charter school, we want you to know that we are here to support your academic needs as a virtual charter school with twenty years in the business.

We also know we need to support the social and mental health needs of all of our students. Please reach out and let us know how we can support you and your student.

Sincerely,

Tracy Quarstrom
Director



Staff Contact Information

Tracy Quarstrom: 651-213-2017
Director/504 Coordinator/Truancy Officer
tquarstrom@wolfcreekhs.org

Brenda Swanson: 651-213-2037
Dean of Students/Testing & Graduation
bswanson@wolfcreekhs.org

Renee Anick: 651-213-2046
Social Studies Learning Manager
ranick@wolfcreekhs.org

Lindsay Coppernoll: 651-213-2052
Science Learning Manager
lcoppernoll@wolfcreekhs.org

Hannah Edblad: 651-213-2024
Special Education Learning Manager
hedblad@wolfcreekhs.org

Sandy Flint: 651-213-2067
Mathematics Learning Manager
sflint@wolfcreekhs.org

Chad "C.J." Hanson: 651-213-2034
Music Learning Manager
chanson@wolfcreekhs.org

Chloe Jackson: 651-213-2035
Language Arts Learning Manager
cjackson@wolfcreekhs.org

Bri Karnes: 651-213-2054
Special Education Learning Manager
bkarnes@wolfcreekhs.org

Jolene Lauderbaugh: 651-213-2095
Educational Assistant
jlauderbaugh@wolfcreekhs.org

Shelli Matheson: 651-213-2055
Mathematics Learning Manager
smatheson@wolfcreekhs.org

Erin McCullough: 651-213-2032
School Counselor
emccullough@wolfcreekhs.org

Becki Olseen: 651-213-2033
Social Studies Learning Manager
bolseen@wolfcreekhs.org

Chris Wallin: 651-213-2036
Health/PE Learning Manager
cwallin@wolfcreekhs.org

DATES TO REMEMBER

Term 3: Jan. 25 - Mar. 31
No School: Jan. 24
No School: Feb. 21
Mid Term: Feb. 25
No School: Mar. 7 - 11
Graduation: Jun. 10

SCHOOL BOARD MEETINGS

Annual Meeting
February 15th 4:15 pm
March 15th 4:15 pm

MARK YOUR CALENDARS - CONFERENCE NIGHT IS COMING

Contact your Learning Manager today to set up a face-to-face or virtual appointment to check in on your student's progress.

Conference night is Tuesday, February 1, 2022
3:30 - 6:30 pm

We encourage all students and parents to come to Wolf Creek to tour our campus, meet our wonderful staff, update student forms, check-in on student progress, develop or modify your students graduation plan, and find out more about all of the incredible resources we have to offer to students and families here at Wolf Creek!

We can't wait to see you!

FREE LUNCHES AVAILABLE

All children 18 years of age and under, regardless of income are eligible for FREE lunches through the end of the 2021-22 school year.

On Campus Tuesdays and Thursdays:

Students can order that day's hot lunch on campus with the front desk staff member by 9:30 am. Please call 651-213-2095 if you will not be on campus to order by 9:30 am.



Weather Related School Closings

If weather forces school to close, the following notifications will be made to notify families:

- Wolf Creek will be listed under school closings on television channels 4, 5, 9, and 11
- A message will be left when you call the main number at 651-213-2095
- Check our website and Facebook for weather notifications
- Parents will also be notified via email of weather-related or other emergencies



Important Mental Health Resources

Many mental health counselors are offering both in person and telehealth appointments.

Lakes Center for Youth and Families
651-464-3685

Family Based Therapy Associates
651-257-2733

Canvas Health
651-777-5222

Bridges and Pathways
651-982-4792

WOLF CREEK COUNSELORS



Erin McCullough



Tasha Barnes

Erin McCullough is Wolf Creek's part-time licensed school counselor. She has a Bachelor of Arts in Sociology and Psychology and a Master of Education in School Counseling. Erin's role at Wolf Creek is to support students academically, socially, and emotionally, as well as to help students and families plan for life after high school. This includes college and career planning, mental health counseling, and strategizing to support students at Wolf Creek.

Erin is on campus Tuesdays and Thursdays 8:30 am - 3:30 pm and is available virtually Wednesdays 9:00 am - 3:00 pm. If you have any questions or would like to schedule an appointment with Erin, please contact her at 651-213-2032 or emccullough@wolfcreekhs.org.



Tasha Barnes is a licensed marriage and family therapist who provides mental health counseling to students at Wolf Creek. Tasha also maintains a caseload with Family Based Therapy Associates in Chisago City, where she sees individuals, couples, and families who have a wide range of presenting concerns. Tasha believes in helping students with their academic success by addressing mental health concerns in a supportive environment.

Tasha is available on campus various hours Tuesdays and Thursdays and is also available via Telehealth. Contact Tasha Barnes at 651-213-2028 or nbarnes@fbtacounseling.com.



CONGRATULATIONS TO OUR STUDENTS OF THE MONTH

November



Jocelyn Frilseth is new to Wolf Creek this year. She has adjusted to Wolf Creek so well! She stays on track in her classes every week. Jocelyn even finished her classes a week early last quarter! She stays in contact with her Learning Manager and reaches out for help when it is needed. Jocelyn is also willing to come to campus if she ever needs support from a teacher. Jocelyn has been doing such a great job!



John Rowley is a 12th grader who is new to Wolf Creek this year. Despite being a new student, John is excelling in online learning! John is currently taking 5 classes with us and has been on track, or ahead, in all of his classes the entire school year. He consistently puts his best effort into every assignment and will always ask his Learning Manager or teachers if he has any questions. John is very driven, independent, and self-motivated!



December



Mandy Christians is a Senior that started at Wolf Creek halfway through Term 1. She very quickly caught up and finished the term strong. She is almost done with her classes 3 weeks early during Term 2. She communicates well and is a pleasure to work with. She will be starting PSEO for her last semester of high school at Anoka Ramsey. We are really proud of your awesome work this year!



Jasper Muggli is new to Wolf Creek this year, and is doing amazing! In term one he finished all his classes with high marks and he continues to stay on track every week for term two without being told to do so. He does all this while balancing a busy gymnastics training schedule! Keep up the great work, Jasper!

SCHOOL BOARD ELECTIONS AND ANNUAL MEETING

The Wolf Creek Annual School Board election and the annual meeting have been set for February 15th, 2022 at 4:15 pm. Ballots will be canvassed at this time. From now through February 11th we are asking all families to cast their vote for school board representatives. School board candidate biographies can be found at triowolfcreek.com, click "About", then "Board Members and Information".

Please vote today! Your ballot is available in the Wolf Creek Weekly News - check your email inbox!

We are only allowed to accept one vote per family. If you would like to request a paper ballot, stop into campus or contact Heather Johnson at hjohnson@wolfcreekhs.org. Thank you for your participation!



HOMELESS LIAISON NOTICE

Tracy Quarnstrom serves as the homeless coordinator for Wolf Creek. Any student who does not have a fixed, regular, adequate place to stay each night is considered "homeless" under federal guidelines. If you or your child is experiencing homelessness, please know that Wolf Creek has resources for providing transportation to school and other needed supplies.

Contact our Wolf Creek Director, Tracy Quarnstrom, at tquarnstrom@wolfcreekhs.org or 651-213-2017.

WHO TO CONTACT IF EXPOSED TO COVID-19

In order to limit exposure and to create a safe environment on campus for all stakeholders, it is critical that we are made aware of any possible COVID-19 exposures, symptoms, and positive test results. All health information is kept completely confidential. Please contact your Learning Manager or Director, Tracy Quarnstrom at 651-213-2017 or tquarnstrom@wolfcreekhs.org. You will receive a follow-up call about quarantine procedures from our school nurse, Laura Gustafson.

Please stay home and do not come to campus if you have been exposed to, are awaiting the results, or tested positive for COVID-19.

SCHOLARSHIPS

Did you know over \$100 million in scholarships go unawarded in the United States every year? Scholarships are a great opportunity to make college more affordable and to graduate college with less debt. Unlike student loans, scholarships do not need to be paid back. It is FREE money! Each scholarship has its own criteria students need to meet in order to be considered. There are many great resources to find scholarships online. You may also find scholarships from your employer, your parent or guardian's employer, and the college you are planning on attending. It is good to apply to multiple scholarships so you have more options.

Our school counselor, Erin McCullough, is available to all students to help gather information and apply for scholarships. Please contact Erin at emccullough@wolfcreekhs.org if you need any assistance. Go to www.triowolfcreek.com and click on Counselor Corner for more career and college details. Here are some great scholarships currently available:

Minnesota Masonic Charities - Deadline: 2/15/22

This charity provides multiple scholarships each year with different requirements for each. Visit <https://www.mnmasoniccharities.org/about-us/scholarships/> for more information and to apply.

ISL Midwest Senior Scholarship - Deadline: 4/29/22

This scholarship is open to students who are legal U.S. residents, high school seniors, and residents of Minnesota. High school seniors must be planning to attend, physically or virtually, an eligible college this fall. There is no financial need, minimum grade point average or class rank requirements. For more information or to apply, please visit <https://register.iowastudentloan.org/seniorscholarship/registration-ismss.aspx?cid=>

Wolf Creek Scholarship:

Wolf Creek High School seniors who graduate by the end of the 2021-2022 school year who plan to pursue post-secondary education and have earned a 2.0 or higher grade point average are encouraged to apply. This universal application may be used for other applicable scholarships. Scholarships are awarded during the graduation ceremony. Information on applying will be sent to all 2022 graduates this spring.