



# WOLF CREEK ONLINE HIGH SCHOOL NEWSLETTER

[www.triowolfcreek.com](http://www.triowolfcreek.com)



We hope that this newsletter finds you safe and well. We know the past 10 months have been difficult for all of us. We want to thank you for choosing to enroll in a virtual school that was ready to take on the challenges of learning in this unprecedented time.

We also want to ask that as we make an attempt to open campus this month that we all work together to keep each other safe. This includes not coming to campus if you are feeling sick, if you are awaiting a COVID-19 test, if you know you have been exposed to someone with COVID-19, or any other reason. It is very important that if you do test positive for COVID-19 that you report that to Wolf Creek through your Learning Manager or the charter school director, Tracy Quarnstrom at [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org). Please know that our school nurse will follow up with you about quarantining procedures with a positive test so please answer phone calls from a school number after reporting.

Finally, please let us know if you have questions or if we can help you in any way with any needs during this time. Together we can all stay safe and productive!

Sincerely,

*Tracy Quarnstrom*  
Director

## DATES TO REMEMBER

Term 3:	Jan. 26 - Apr. 1
No School:	Jan. 18
No School:	Jan. 25
No School:	Feb. 15
Mid Term:	Feb. 26
No School:	Mar. 8 - 12
Graduation:	Jun. 11

## SCHOOL BOARD MEETINGS

Annual Meeting	
February 9th	4:15 pm
March 16th	4:15 pm

## CAMPUS REOPENS JANUARY 26TH

We are planning to return to an open campus schedule for students beginning Tuesday, January 26, 2021. Campus will be open for students Tuesdays and Thursdays from 7:30 am to 2:00 pm. We will continue to communicate any changes with families as we continue working through details. We will follow safety protocols including:

- Requiring masks for students at all times indoors (except while eating). Masks will not be required when students are outdoors.
- Making on-site COVID-19 testing available every two weeks for all Wolf Creek staff.
- **Families must report COVID-19 exposures and positive test results to Tracy Quarnstrom at [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org).**

In order to successfully return to campus, we need all of us to do our best to follow CDC health and safety protocols including wearing a face covering, avoiding large crowds, practicing social distancing, and getting a COVID-19 test if not feeling well. **Most importantly - students and staff must not come to campus if awaiting the results of a COVID-19 test or having a known exposure to COVID-19.** We are excited to have students back on campus! Wolf Creek staff will continue to be available via Google Meet, phone, text, or email. We are ready to meet your needs!

## Staff Contact Information

**Tracy Quarnstrom:** 651-213-2017  
Director/504 Coordinator/Truancy Officer  
[tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org)

**Brenda Swanson:** 651-213-2037  
Dean of Students/Testing & Graduation  
[bswanson@wolfcreekhs.org](mailto:bswanson@wolfcreekhs.org)

**Renee Anick:** 651-213-2046  
Social Studies Learning Manager  
[ranick@wolfcreekhs.org](mailto:ranick@wolfcreekhs.org)

**Lindsay Coppernoll:** 651-213-2052  
Science Learning Manager  
[lcoppernoll@wolfcreekhs.org](mailto:lcoppernoll@wolfcreekhs.org)

**Hannah Edblad:** 651-213-2024  
Special Education Learning Manager  
[hedblad@wolfcreekhs.org](mailto:hedblad@wolfcreekhs.org)

**Sandy Flint:** 651-213-2067  
Mathematics Learning Manager  
[sflint@wolfcreekhs.org](mailto:sflint@wolfcreekhs.org)

**Chad "C.J." Hanson:** 651-213-2034  
Music Learning Manager  
[chanson@wolfcreekhs.org](mailto:chanson@wolfcreekhs.org)

**Chloe Jackson:** 651-213-2035  
Language Arts Learning Manager  
[cjackson@wolfcreekhs.org](mailto:cjackson@wolfcreekhs.org)

**Bri Karnes:** 651-213-2054  
Special Education Learning Manager  
[bkarnes@wolfcreekhs.org](mailto:bkarnes@wolfcreekhs.org)

**Jolene Lauderbaugh:** 651-213-2095  
Educational Assistant  
[jlaunderbaugh@wolfcreekhs.org](mailto:jlaunderbaugh@wolfcreekhs.org)

**Shelli Matheson:** 651-213-2055  
Mathematics Learning Manager  
[smatheson@wolfcreekhs.org](mailto:smatheson@wolfcreekhs.org)

**Erin McCullough:** 651-213-2032  
School Counselor  
[emccullough@wolfcreekhs.org](mailto:emccullough@wolfcreekhs.org)

**Becki Olseen:** 651-213-2033  
Social Studies Learning Manager  
[bolseen@wolfcreekhs.org](mailto:bolseen@wolfcreekhs.org)

**Chris Wallin:** 651-213-2036  
Health/PE Learning Manager  
[cwallin@wolfcreekhs.org](mailto:cwallin@wolfcreekhs.org)

## FREE LUNCHES AVAILABLE

All children 18 years of age and under, regardless of income are eligible for FREE lunches through the end of the 2020-21 school year. We offer two lunch options.

### On Campus Tuesdays and Thursdays:

Students can order that day's hot lunch on campus with the front desk staff member by 9:30 am. Please call 651-213-2095 if you will not be on campus to order by 9:30 am.

### Curbside Pick-up:

Students 18 years and under can pick up meals for the week at the following locations:

#### Lakeside Elementary

Tuesdays - call below to schedule time

Call 651-213-2053 for info

#### Chisago Lakes High School

Mondays from 9:00 - 11:00 am

#### Taylor's Falls Elementary

Mondays from 9:10 - 10:10 am

Call 651-213-2506 for info

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## Important Mental Health Resources

Many mental health counselors are offering both in person and telehealth appointments.

### Lakes Center for Youth and Families

651-464-3685

### Family Based Therapy Associates

651-257-2733

### Canvas Health

651-777-5222

### Bridges and Pathways

651-982-4792

January 2021

## WOLF CREEK COUNSELORS



*Erin McCullough*



*Tasha Barnes*

**Erin McCullough** is Wolf Creek's part-time licensed school counselor. She has a Bachelor of Arts in Sociology and Psychology and a Master of Education in School Counseling. Erin's role at Wolf Creek is to support students academically, socially, and emotionally, as well as to help students and families plan for life after high school. This includes college and career planning, mental health counseling, and strategizing to support students at Wolf Creek.

Erin is on campus Tuesdays and Thursdays 8:30 am - 3:30 pm and is available virtually Wednesdays 9:00 am - 3:00 pm. If you have any questions or would like to schedule an appointment with Erin, please contact her at 651-213-2032 or [emccullough@wolfcreekhs.org](mailto:emccullough@wolfcreekhs.org).



**Tasha Barnes** is a licensed marriage and family therapist who provides mental health counseling to students at Wolf Creek. Tasha also maintains a caseload with Family Based Therapy Associates in Chisago City, where she sees individuals, couples, and families who have a wide range of presenting concerns. Tasha believes in helping students with their academic success by addressing mental health concerns in a supportive environment.

Tasha is available on campus various hours Tuesdays and Thursdays and is also available via Telehealth. Contact Tasha Barnes at 651-213-2028 or [nbarnes@fbtacounseling.com](mailto:nbarnes@fbtacounseling.com).



# CONGRATULATIONS TO OUR STUDENTS OF THE MONTH

## November



*Ethan Miller is a junior who is new to Wolf Creek this year. Ethan has worked hard to ensure he meets all expectations related to both work completion and daily communication. Ethan is a kind, polite student and he uses all of the opportunities that are provided to connect with his Learning Manager and content teachers. His ability to overcome obstacles and focus on his coursework is just one of the many reasons why Ethan has been successful at Wolf Creek this school year. He is truly deserving of the Student of the Month title.*



*Isabelle Haley is a junior who is balancing PSEO with taking classes at Wolf Creek. She is very organized and doing a great job completing her Wolf Creek coursework early and managing her nursing coursework at Pine Tech. Izzy plans to continue with PSEO during her senior year and become a licensed practical nurse and then is considering pursuing a registered nursing program. Izzy communicates well and is a pleasure to work with!*



## December



*Tatianna Habeck recently enrolled at Wolf Creek and is determined to graduate. She has many responsibilities and wears many hats as a student, employee, and mother. Tatianna is a great communicator and is not shy to reach out to the Wolf Creek staff for support when needed. She is completing her assignments on a weekly basis, producing high-quality work, and receiving great grades. We applaud your hard work, Tatianna!*



*Maddie Pavek is new to Wolf Creek this year. Maddie works hard each week to ensure that she is on track in each of her courses. She attends group activities and meetings. She has been great about reaching out to her Learning Manager and content teachers when she needs help. Maddie is a hard worker and pushes herself to do well. Keep up the awesome work Maddie!*

## SCHOOL BOARD ELECTIONS AND ANNUAL MEETING

The Wolf Creek Annual School Board election and the annual meeting have been set for February 9th, 2021 at 4:15 pm. Ballots will be canvassed at this time. From now through February 5th we are asking all families to cast their vote for school board representatives. School board candidate biographies can be found here: <https://triowolfcreek.com/include/docs/2021-School-Board-Bios.pdf>

Please vote today at <https://forms.gle/96SvmQcaLRRrjYBFA>

We are only allowed to accept one vote per family. If you would like to request a paper ballot, please contact Sonja Mertz at [smertz@wolfcreekhs.org](mailto:smertz@wolfcreekhs.org). Thank you for your participation!



## HOMELESS LIAISON NOTICE

Tracy Quarnstrom serves as the homeless coordinator for Wolf Creek. Any student who does not have a fixed, regular, adequate place to stay each night is considered "homeless" under federal guidelines. If you or your child is experiencing homelessness, please know that Wolf Creek has resources for providing transportation to school and other needed supplies.

Contact our Wolf Creek Director, Tracy Quarnstrom, at [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org) or 651-213-2017.

## WHO TO CONTACT IF EXPOSED TO COVID-19

In order to limit exposure and to create a safe environment on campus for all stakeholders, it is critical that we are made aware of any possible COVID-19 exposures, symptoms, and positive test results. All health information is kept completely confidential. Please contact your Learning Manager or Director, Tracy Quarnstrom at 651-213-2017 or [tquarnstrom@wolfcreekhs.org](mailto:tquarnstrom@wolfcreekhs.org). You will receive a follow-up call about quarantine procedures from our school nurse, Laura Gustafson.

*Please stay home and do not come to campus if you have been exposed to, are awaiting the results, or tested positive for COVID-19.*

## SCHOLARSHIPS

*Did you know over \$100 million in scholarships go unawarded in the United States every year?* Scholarships are a great opportunity to make college more affordable and to graduate college with less debt. Unlike student loans, scholarships do not need to be paid back. It is FREE money! Each scholarship has its own criteria students need to meet in order to be considered. There are many great resources to find scholarships online. You may also find scholarships from your employer, your parent or guardian's employer, and the college you are planning on attending. It is good to apply to multiple scholarships so you have more options.

Our school counselor, Erin McCullough, is available to all students to help gather information and apply for scholarships. Please contact Erin at [emccullough@wolfcreekhs.org](mailto:emccullough@wolfcreekhs.org) if you need any assistance. Go to [www.triowolfcreek.com](http://www.triowolfcreek.com) and click on Counselor Corner for more career and college details. Here are some great scholarships currently available:

### **The Future of School Scholarship - Deadline 3/16/21**

Multiple recipients are awarded \$5,000 and \$10,000 per year for two years! To be eligible, seniors must have completed at least 5 blended or online learning courses during their last 2 years of high school and plan to enroll in full-time undergraduate study at an accredited two- or four-year college, university, or vocational-technical school for the entire upcoming academic year. To apply, visit <https://learnmore.scholarsapply.org/fos-scholarship/>.

### **Minnesota Masonic Charities - Deadline: 2/15/21**

This charity provides multiple scholarships each year with different requirements for each. Visit <https://www.mnmasoniccharities.org/about-us/scholarships/> for more information and to apply.

### **Wolf Creek Scholarship:**

Wolf Creek High School seniors who graduate by the end of the 2020-2021 school year who plan to pursue post-secondary education and have earned a 2.0 or higher grade point average are encouraged to apply. This universal application may be used for other applicable scholarships. Scholarships are awarded during the graduation ceremony. Information on applying will be sent to all 2021 graduates this spring.